



Bedfordshire Road Cycling Club F1B/10 Open 10 Mile Time Trial

Sunday 2 June 2023 0800h

Promoted for and on behalf of Cycling Time Trials
under its rules and regulations

Event is approved by CTT London North District Committee
and Bedfordshire Police Authority has been informed.

Charity Event

No prizes will be awarded for this event. All profits and any donations will be given to East Anglian Air Ambulance, a charity providing life-saving critical care 24 hours-a-day, 365 days-a-year by air and road.

Event Secretary

Mr Nick Hickman, 106 Mill Road, Stanford, Biggleswade, SG18 9JQ
Tel. 07763 656251 (mobile)

Event Headquarters

Stuart Memorial Hall, Church Street, Tempsford, Sandy, SG19 2AW
(motor access is from street through the village, not directly from A1)
The Hall will be open from 0700h. We must vacate the Hall by 1100h. Please note that no shoe plates are to be worn within the hall, and no oils to be applied in the hall.

Timekeepers

Mr Michael Bannister (Principal), Steve Robinson & Nick Hickman (Assistants)

Local Regulations and Instructions

- No.1. No U turns should be made in sight of the start or finish areas while riding on the public highway.
- No.3. No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.
- No.4. Due to complaints from residents of Tempsford village; you **MUST** park away from houses. No parking south of the Wheatsheaf public house.

Absolutely no parking on any part of the course, at any time.

NO WARMING UP ON STATION ROAD, Tempsford, 700 yards north of start point.

You are reminded to ride on the Left-Hand Side of the road except for safe overtaking, in accordance with CTT Regulation 20.

To reach start from HQ, go south through Tempsford then left over the bridge over the A1 and onto the B1043 northbound.

Any infringement of these regulations / instructions will result in disciplinary action and probable disqualification.

RIDERS DO NOT STAY ON THE A1 FOR THE FINISH FOR THIS COURSE. Chequered Flag is immediately after turning left at the Tempsford junction. Failing to make the turn will result in disqualification. Be aware there is a Temporary Traffic Order [section 5 of the 1984 Act] prohibiting cycling on the A1 past the junction. Contravening this order is a criminal offence. A person guilty of such an offence is liable on summary conviction to a fine not exceeding level 3 on the standard scale (£1,000) [Road Traffic Offenders Act 1988, sections 9 & 33(1), and Schedule 2, Part I].

Course details F1B/10 (see map: www.plotaroute.com/route/357527)

The course will be minimally signed (aside from Event Warning Signs to alert other road users, as required by the Course Risk Assessment). It is not expected to be marshalled. The onus is on you to negotiate the course correctly and safely.

In brief it is **very simple** – join the A1, go straight through the Sandy RAB, turn at the Biggleswade North (Sainsburys) RAB, through the Sandy RAB again and keep going back to the Tempsford junction turning left to the Finish Line immediately after the turn.

START (GR163527) on B1043, approx. 300 yards north of Tempsford flyover, 195 yards north of lamp-post 21 and 5 yards north of the 7th drain north of lamp-post 21. [This is the 3rd drain south of gateway and 100 yards south of kerb start].

Proceed south, straight on at 1st mini-RAB to join A1 (care) and continue over Sandy RAB to:-

TURN (5.16 miles) at North Biggleswade RAB (Warden Lane), retrace A1 northbound, continue over Sandy RAB to:-

FINISH by bearing left off the A1 at Blunham Lane (signed Tempsford, etc.) to finish at Clearway end sign (GR162522).

Reminder: NO HELMET and LIGHTS (front and rear) – NO RIDE!

Results



Provisional results should be on-line as riders finish at:

resultsheet.co.uk/events